

# Engage in a Higher Quality of EMDR Training

First-of-its kind EMDR Basic Training combining Attachment Focus, Strategic Planning, and Specialist Mentorship



## Boutique Training Agency

We are a boutique training agency dedicated to excellence in preparing clinicians to provide precision EMDR therapy, using strategic case conceptualization and skillful, safe, and effective techniques.



## Team of Specialists

Our team is comprised of specialists with expertise in specific populations with EMDR therapy, allowing you to have the opportunity to be mentored by a Consultant experienced in a treatment area of interest to you.



## Be Comfortable

Come in your comfy clothes! Our virtual trainings allow you to learn where you feel most comfortable. We host our in-person training in a warm, restorative setting, ideal for practicing EMDR therapy for the first time.



## Advanced Skills

You'll learn Shapiro's original model with a special focus on Complex PTSD and Attachment. Our Facilitators have advanced training and expertise in treating Complex Developmental Trauma and Dissociation with EMDR therapy.



## Personalized Support

We strictly limit the size of our classes and consultation groups to a 6-to-1 ratio so we can provide you with personalized support in navigating the real-world complexity of using EMDR therapy with clients.



## Dedicated Community

You'll be part of a dedicated community, receiving individualized guidance and interacting with peers, enhancing your learning and supporting integration of EMDR therapy into your clinical practice.



## Danielle Hiestand, PsyD, LMFT Facilitator

CERTIFIED EATING DISORDER SPECIALIST &  
SUPERVISOR (CEDS-S), SPECIALIZING IN COMPLEX  
TRAUMA & MENTAL HEALTH PROFESSIONALS

## JOIN US ON ZOOM

EMDRIA-Approved foundational EMDR Training  
using Francine Shapiro's original model with special  
focus on Complex PTSD & Attachment Trauma



Fridays 9:30a-6:00p PT  
Feb 21, 28, Mar 7, 14, 21, 28

**ENROLL NOW!**